



# KAPAP ACADEMY

## Certified CQB Level 1 Instructor Course

23-27<sup>th</sup> May, 2011

BRISBANE, AUSTRALIA

*Lotar is the Hebrew acronym meaning Counter terrorism combat: The IDF Special Forces School was given the same name due to the unique combat system that is taught there to the Israeli SF units. Our **Kapap/Lotar** Instructors gained a worldwide reputation due to the unique training and fighting doctrines they brought with them.*

### Course topics and Presentations

History of Kapap and Israeli Martial Arts/CQB

Stances, Movement, Strikes and Kicks

Gun Disarms: Pistol & Rifle

Stick and Knife fighting

Basic grappling

Fast and effective CQB system tested under the most demanding conditions by Special Forces operators

Extreme Combat Conditioning

Releases from Holds & Chokes

Knife Disarms and Attacks

Restraining / Takedowns

Simple and easy to learn

**NOTE:** This course is intense and is physically and psychologically challenging. Instructional content requires a large quantity of practical application learning.

**COST: \$1450 AUD** including Certification, Lunch, Training Manual, Membership and an opportunity to train with real world Instructors in this highly effective and internationally respected defensive tactics system.

**For course information and enrolment contact:**

***Kapap Academy Australia (Official Australian Representative)***

Mobile: 0421- 782- 405 or email: [dmint@bigpond.com](mailto:dmint@bigpond.com) [www.street-edge.com.au](http://www.street-edge.com.au)

Pre-Registration/ Application form is required for this course due to the subject material Instructed. KAPAP ACADEMY AUSTRALIA reserves the right to refuse any application without further explanation.