



# ***Elite Israeli Self Defense***



**Krav Panim El Panim - KAPAP קפ"פ** is the Hebrew acronym for **“Face To Face Combat”**. It is the original combat system of defensive tactics, hand-to-hand combat and self-defense, employed by the Israeli defense and security forces, the Israeli national Police, and its special operations and anti-terrorist units.

**KAPAP Academy Australia** is headed by experienced instructors who have “real world” international experience in law enforcement, military and special operations roles throughout Asia and the Middle East, and have trained specialist police and security personnel throughout the world in defensive tactics and personal safety.

## **Training Program**

Training methods for extreme combat conditioning

- Stance movement strikes and kicks-Release from holds, chokes & grabs
- Gun disarming hand guns and rifles-Knife disarms and attacks
- Stick and knife defence-Restraining and takedowns -Basic grappling
- “Real World” Scenario training

***Group classes-Corporate Training-Private Classes-Specialised Programs***

***For information contact:***

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